

Itasca State Park June 17-23, 2015 Nature Programs
Attachments: PDF copy of June 17-23 programs

Hello Itasca Friends!

June is here and the first day of summer is just around the corner! Come out to the park and enjoy the continuing variety of flowers now in bloom. The showy lady slippers are now beginning to bloom.

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Upcoming Summer programs and events:

As summer heats up, we are adding more programs, including music and speakers, to the summer line-up. Even though we may not have our entire list of programs available in pdf form, we are adding programs to our on-line calendar daily. Watch the Itasca program calendar on the DNR webpage for the most current posting of programs and events. Sunday, June 21 is both the first day of summer and Father's Day. Why not spend the day in the park. Check it out on the web

at: http://www.dnr.state.mn.us/state_parks/itasca/calendar.html

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Weekend feature Music— Lori Goulet Reich

7-9 p.m., Sunday, June 21 at Forest Inn (across from Douglas Lodge).

Join Lori Goulet Reich, a Lake Itasca Transplant from the suburbs of Minneapolis, as she performs a variety of music best described as acoustic folk and alt-country flavored music. Lori also has played in various bands both classic rock and country, so come enjoy a variety of well-known tunes.

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Headwaters in summer—Watch the Webcam!

Loons are busy swimming in the north end of the lake. Check out the rocks at the headwaters on the webcam... you might see this bird cruising past the iconic headwaters rocks. Go to: <http://www.paulbunyan.net/weathernews/webcam/headwaters/headwaters.html> *Side note: some users with Android systems might have problems viewing the webcam.*

Our phenology report includes (for the week of June 7-12):

- Fawns are beginning to move around with their mothers.
- Mother bear and two cubs were seen crossing a park path.
- Bobcat seen near the record white pine crossing the road.
- Chalk-fronted corporal's (dragonfly) are emerging and hunting in the calmer areas of the forest.
- Mosquitos are hatching (good to have the dragonflies!)
- Snapping turtles are laying eggs. Two turtles seen swimming near the Lake Itasca fishing pier.

Flowers that are blooming this week include:

ram's head orchid	greater yellow ladyslipper
small yellow ladyslipper	showy Lady-slipper
early coral root	Small round-leaved orchis
Stemless ladyslipper	Heart-leaved Twayblade
Labrador Tea	Wood betony
Nodding Trillium	large-flowered Trillium
Wild ginger	large-flowered bellwort
tall meadow-rue	early meadow-rue
wild sarsaparilla	columbine (honeysuckle)
yellow, white and lavender violets	
rose twisted stalk	pale vetchling
clintonia (bluebead lilly)	strawberry
blueberry	starflower
chokecherry	bunch berry (Canada dogwood)
pussy-toes	pagoda/alternate leaf dogwood

arrow-wood
high-bush cranberry
yellow corydalis
wild calla
Jack-in-the-pulpit
False Salomon's seal
Salomon's Seal
Wild lily-of-the-valley
Twining honeysuckle
Raspberry
Indian paintbrush
Red baneberry
Sweet sicily

red-osier dogwood
pale corydalis
yellow bullhead lily
marsh marigolds
bishop's cap (miterwort)
Starry false Salomon's seal
Three-leaved false Salomon's seal
Bog buckbean
Daisy fleabane
blackberry
blue-eyed grass
white baneberry
Canada Mayflower

Postscript:

PS: Feel free to share this program schedule with your friends!
If you no longer wish to receive this email update, please send an email with your first and last name and email address to Constance.Cox@state.mn.us and your name will be removed. In the subject line type: "remove name from newsletter".

Connie Cox, Lead Park Naturalist
Itasca State Park
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Park Rapids, MN 56470
218-699-7259
constance.cox@state.mn.us

“Live in the sunshine. Swim the sea. Drink the wild air.” –Ralph Waldo Emerson

ITASCA STATE PARK

Programs and Special Events

Wednesday, June 17, 2015

Wednesday, June 17

Archery in the Park

9:30-11:30 a.m. (c o m e a n d g o a t
y o u r l e i s u r e)

M e e t i n t h e b a c k l o t o f
t h e I n d i a n M o u n d s / N o r t h
P i c n i c G r o u n d s P a r k i n g
A r e a .

Have you ever wanted to shoot a compound bow but didn't have one or were afraid to try? Join certified archery instructors for hands-on training and coaching on compound bows, then try out our archery range. This program is designed for beginners. Designed for people 8 years and older. Children 15 and under must be accompanied by an adult. Bows are provided during the program. Personal archery equipment is not allowed due to weapons rules in Minnesota State Parks.

Notes: Participants will be outside for the program. Be prepared for standing in the sun. Bring along sunscreen,

sunglasses, hat, insect repellent and water. Program cancelled if raining.

**Minnesota's Treasures: Itasca's Wilderness
Sanctuary Scientific and Natural Area Specialty Tour
10 a.m. –Noon, *Pre-registration required***

*Meet at the Mary Gibbs
Mississippi Headwaters
Center Parking Lot
(bring your vehicle to
drive to tour location.)*

Explore natural treasures in Minnesota's Scientific and Natural Areas (SNAs) on several specialized tours throughout the summer. Join an Itasca State Park Naturalist this week as we explore the old growth pine at Wilderness Sanctuary SNA. Discover the interesting dragonflies that use this unique site. Registration is required as group size is limited to 15 people. To register, stop at the Jacob V. Brower Visitor Center or call 218-699-7252 or 218-699-7259.

Notes: *Pre-registration
required. Bring insect
repellent, sunscreen,
drinking water and wear
shoes than can get wet.
Bring your vehicle for
travel to SNA locations.*

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.

ITASCA STATE PARK

Programs and Special Events

Wednesday, June 17-Thursday, June 18, 2015

Wednesday, June 17-Continued

Five Facts in Five Minutes:

N_e_a_r_t_h_e_M_i_s_s_i_s_s_i_p_p_i
H_e_a_d_w_a_t_e_r_s_(u_n_d_e_r_t_h_e
p_o_r_c_h_o_f_t_h_e_M_a_r_y_G_i_b_b_s
M_i_s_s_i_s_s_i_p_p_i_H_e_a_d_w_a_t_e_r_s
C_e_n_t_e_r_i_f_r_a_i_n._)

Only have a minute to learn about Itasca State Park? Check out a unique feature at the naturalist station as you visit the Headwaters of the Mississippi River.

2 –4 p.m.: Raptors

Outdoor Kids—Fish Painting

2-3:30 p.m. (come and go at your leisure)

M_e_e_t_b_y_t_h_e_S_w_i_m_B_e_a_c_h/
P_l_a_y_g_r_o_u_n_d_(a_t_t_h_e_s_o_u_t_h
e_n_d_o_f_t_h_e_p_i_c_n_i_c
g_r_o_u_n_d_s_o_n_L_a_k_e_I_t_a_s_c_a._)

Kids of all ages come out and explore nature at your leisure and have fun at Itasca while hanging out at the swimming beach or playground. This program series allows kids to connect with nature through hands-on

activities and crafts. Topics vary with many of the programs focusing on life around the lake.

Thursday, June 18

Five Facts in Five Minutes:

*N_e_a_r_ _t_h_e_ _M_i_s_s_i_s_s_i_p_p_i_ _
_H_e_a_d_w_a_t_e_r_s_ _(_u_n_d_e_r_ _t_h_e_ _
_p_o_r_c_h_ _o_f_ _t_h_e_ _M_a_r_y_ _G_i_b_b_s_ _
_M_i_s_s_i_s_s_i_p_p_i_ _H_e_a_d_w_a_t_e_r_s_ _
_C_e_n_t_e_r_ _i_f_ _r_a_i_n_.)_*

Only have a minute to learn about Itasca State Park?

Check out a unique feature at the naturalist station as you visit the Headwaters of the Mississippi River.

1:30 –3:30 p.m.: Beautiful Bugs! Incredible Insects

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.

ITASCA STATE PARK

Programs and Special Events

Thursday, June 18-Friday, June 19, 2015

Thursday, June 18—continued

Jr. Naturalist: Slithering Snakes and Leaping Frogs!
2-2:45 p.m.

*Meet by the Museum
Amphitheater, below
Wegmann's Store. Rain
Location: Jacob V.
Brower Visitor Center
Classroom.*

Slithering and leaping, cool and slippery! Kids ages 6 to 12, join us as we explore the amazing world of snakes and frogs. Make your own snake or frog to take home.

A Battle of Tooth and Quill, Campfire

7:30-8 p.m.

*Meet in Bear Paw
Campground (the grassy
area near the tiny log
pump house and campsite
#70 near the bike trail;
if rain - - inside the
Jacob V. Brower Visitor
Center).*

Gather around the campfire and learn about the fisher

and porcupine. Bring your marshmallows for roasting after the campfire.

Friday, June 19

I Can Fish! Kid's Fishing Fridays

10:30 a.m.-Noon (come and go at your leisure)

Meet at the Itasca Fishing Pier, below Douglas Lodge

Kids, bring an adult with you and learn the new skill of fishing. Suitable for ages 6-12. NOTES: An

adult must accompany children. Bring your own fishing pole or use one provided (limited number). Poles are available on first come first serve basis.

Artificial bait provided. Non-Minnesota residents will need a fishing license (within the park, purchase at Itasca Sports Rental).

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.

ITASCA STATE PARK

Programs and Special Events

Friday, June 19, 2015

Friday, June 19—continued

Headwaters History Hike

11-11:30 a.m.

*M e e t a t t h e c o m p a s s r o s e
u n d e r t h e p o r c h o f t h e
M a r y G i b b s M i s s i s s i p p i
H e a d w a t e r s C e n t e r .*

Learn about fun facts of the Mississippi Headwaters during this short naturalist-led walk to the Headwaters of the Mississippi River.

Jr. Naturalist: Tree ID Relay

2-2:45 p.m.

*M e e t b y t h e M u s e u m
A m p h i t h e a t e r , b e l o w
W e g m a n n ' s S t o r e . R a i n
L o c a t i o n : J a c o b V .
B r o w e r V i s i t o r C e n t e r
C l a s s r o o m .*

What tree has heart shaped leaves? Which pine tree is our state tree? Kids ages 6 to 12, join the naturalist and discover Itasca's amazing trees during this fun and fast paced relay game!

Five Facts in Five Minutes:

*N_e_a_r_t_h_e_M_i_s_s_i_s_s_i_p_p_i
_H_e_a_d_w_a_t_e_r_s_(u_n_d_e_r_t_h_e
_p_o_r_c_h_o_f_t_h_e_M_a_r_y_G_i_b_b_s
_M_i_s_s_i_s_s_i_p_p_i_H_e_a_d_w_a_t_e_r_s
_C_e_n_t_e_r_i_f_r_a_i_n._)*

Only have a minute to learn about Itasca State Park?
Check out a unique feature at the naturalist station as you
visit the Headwaters of the Mississippi River.

2:30–4:30 p.m.: Traditional Animal Uses

Animal Legends, Campfire

7:30-8 p.m.

*M_e_e_t_i_n_t_h_e_p_i_c_n_i_c
_g_r_o_u_n_d_s_a_t_t_h_e_M_u_s_e_u_m
_A_m_p_h_i_t_h_e_a_t_e_r_l_o_c_a_t_e_d
_b_e_l_o_w_W_e_g_m_a_n_n'_s_S_t_o_r_e
_R_u_i_n_s_.R_a_i_n_l_o_c_a_t_i_o_n:
_J_a_c_o_b_V._B_r_o_w_e_r_V_i_s_i_t_o_r
_C_e_n_t_e_r._*

Gather around for an evening of animal legends. Hear
the legend of Sky Woman and the creation of earth on
the turtles back, how fisher brought summer to the
people and more.

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.

ITASCA STATE PARK

Programs and Special Events

Saturday, June 20, 2015

Saturday, June 20

Lake Itasca Region Pioneer Farmers Tour

10 a.m.–Noon

*Tour begins at the
Levorsen Building
located on the Pioneer
Farmer showgrounds.*
The showground is
located on the north side
of Itasca State Park. Go
out the North Entrance
to Itasca State Park,
entrance is on the east
side of the North
Entrance Road (across
from the church and gas
station.) *Tour begins
promptly at 10 a.m.*

Get a feel for the early 1900s community of Lake Itasca at the Lake Itasca Region Pioneer Farmers Showgrounds (LIRPF). See the Itasca Historic Sawmill. Explore various buildings from a country school, dove-tail one-room log house and a logging museum. LIRPF

volunteers will guide you on this tour.

www.itascapioneerfarmers.com

Five Facts in Five Minutes:

N_e_a_r_t_h_e_M_i_s_s_i_s_s_i_p_p_i
H_e_a_d_w_a_t_e_r_s_(u_n_d_e_r_t_h_e
p_o_r_c_h_o_f_t_h_e_M_a_r_y_G_i_b_b_s
M_i_s_s_i_s_s_i_p_p_i_H_e_a_d_w_a_t_e_r_s
C_e_n_t_e_r_i_f_r_a_i_n._)

Only have a minute to learn about Itasca State Park?

Check out a unique feature at the naturalist station as you visit the Headwaters of the Mississippi River.

10-Noon: Bats!

Itasca's Forest Hike

1:30-2:15 p.m.

M_e_e_t_o_u_t_s_i_d_e_F_o_r_e_s_t_I_n_n
(a_c_r_o_s_s_f_r_o_m_D_o_u_g_l_a_s
L_o_d_g_e._)

Discover what wildflowers, trees and wildlife make up the Itasca forest. Learn a few traditional uses of the more common plants. Topics may vary each week depending on what's blooming and spotted along the trail.

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.

ITASCA STATE PARK

Programs and Special Events

Saturday, June 20-Sunday, June 21, 2015

Saturday, June 20—continued

Outdoor Kids—Bugs ‘n’ Stuff

2-3:30 p.m. (come and go at your leisure)

*Meet by the Swim Beach /
Playground (at the south
end of the picnic
grounds on Lake Itasca.)*

Kids of all ages come out and explore nature at your leisure and have fun at Itasca while hanging out at the swimming beach or playground. This program series allows kids to connect with nature through hands-on activities and crafts. Topics vary with many of the programs focusing on life around the lake.

Mammal Mysteries, Campfire

7:30-8 p.m.

*Meet in the picnic
grounds at the Museum
Amphitheater located
below Wegmann's Store
Ruins. Rain location:
Jacob V. Brower Visitor
Center.*

Itasca's mammals are fun to see, but are even more interesting when you discover some of the special (and strange) adaptations they have to survive! Bring your marshmallows for roasting after the campfire.

Sunday, June 21

Five Facts in Five Minutes:

*N_e_a_r_t_h_e_M_i_s_s_i_s_s_i_p_p_i
_H_e_a_d_w_a_t_e_r_s_(u_n_d_e_r_t_h_e_
_p_o_r_c_h_o_f_t_h_e_M_a_r_y_G_i_b_b_s_
_M_i_s_s_i_s_s_i_p_p_i_H_e_a_d_w_a_t_e_r_s_
_C_e_n_t_e_r_i_f_r_a_i_n._)*

Only have a minute to learn about Itasca State Park?

Check out a unique feature at the naturalist station as you visit the Headwaters of the Mississippi River.

10-Noon: Feathers

2-4 p.m.: Invasive Species

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.

ITASCA STATE PARK

Programs and Special Events

Sunday, June 21-Monday, June 22, 2015

Sunday, June 21—continued

Jr. Naturalist: Barking Up the Right Tree
2-2:45 p.m.

M e e t b y t h e M u s e u m
A m p h i t h e a t e r , b e l o w
W e g m a n n ' s S t o r e . R a i n
L o c a t i o n : J a c o b V .
B r o w e r V i s i t o r C e n t e r
C l a s s r o o m .

The trees of Itasca have been used by people for 100's of years. Learn about the traditional uses of bark. Make your own bark craft to take home.

Itasca's Music Under the Pines: Lori Goulet Reich
7-9 p.m.

M e e t a t F o r e s t I n n
(a c r o s s f r o m D o u g l a s
L o d g e .)

Join Lori Goulet Reich, a Lake Itasca Transplant from the suburbs of Minneapolis, as she performs a variety of music best described as acoustic folk and alt-country flavored music. Lori also has played in various bands both classic rock and country, so come enjoy a variety of well-known tunes.

Monday, June 22

Get Up! Get Out! And GO! Fitness Walk

8:30-9 a.m.

M_e_e_t_a_t_t_h_e_J_a_c_o_b_V._
B_r_o_w_e_r_V_i_s_i_t_o_r_C_e_n_t_e_r
F_r_o_n_t_D_o_o_r_s._

Need some Monday motivation? Start your week out on the right (and left) foot as you grab some pals and head outside. Join the park naturalist as we quickly learn about the social and health benefits of walking outside. We will then take a 30 minute social/wellness walk in Itasca State Park. Walk routes and health notes will vary each week. Notes: wear sturdy shoes for walking. Don't forget your water bottle, insect spray, sunscreen and sunglasses or a hat.

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.

ITASCA STATE PARK

Programs and Special Events

Tuesday, June 23, 2015

Tuesday, June 23

Circle Time Under the Pines: T is for Turtles

10:30-11:15 a.m.

Meet by the Museum Amphitheater (Look for a large blanket underneath a big pine tree), below Wegmann's Store, (in Lakeside Museum if raining).

Children 2-5 years old, come explore and have fun at Itasca as we learn about turtles through stories, songs, crafts, and outdoor discovery. NOTES: Adults must accompany children.

Bugs and Blooms: Orchids of Itasca

10:30-11:30 a.m.

Meet at the Jacob V. Brower Visitor Center Classroom.

Itasca State Park is home to many beautiful native orchids. Visit Itasca State Park for a short talk on Orchids of Itasca and then a short walk to search for either the yellow or the showy lady's-slipper. We might

even discover one of the common pollinators in action in these beautiful flowers.

Historic CCC Buildings Walk

1:30-2 p.m.

*M_e_e_t_o_u_t_s_i_d_e_F_o_r_e_s_t_I_n_n
(a_c_r_o_s_s_f_r_o_m_D_o_u_g_l_a_s
L_o_d_g_e.)*

Learn about the ‘boys’ that built Forest Inn, Old Timer’s Cabin and more. Come for the walk as we talk about the 1930s Civilian Conservation Corps (CCC) on this walking tour of buildings around the Douglas Lodge area, ending at the CCC Old Timer’s Cabin.

Old Timer’s Cabin, Open Tour

Cabin open from 2-3:30 p.m. (come and go at your leisure)

*H_e_l_d_a_t_t_h_e_O_l_d_T_i_m_e_r's
C_a_b_i_n,_l_o_c_a_t_e_d_a_l_o_n_g_t_h_e
b_o_a_r_d_w_a_l_k_b_e_l_o_w_D_o_u_g_l_a_s
L_o_d_g_e.*

Only 4 (massive) logs tall, learn more about this Civilian Conservation Corps (CCC) constructed building. The Naturalist staff will have the cabin open for you to tour at your leisure.

For more information:

<http://www.mndnr.gov/Itasca> or 218-699-7251.